theminiapartmentblog.com

Shopping List

MEAT & SEAFOOD

- ☐ 2 lbs flank steak
- ☐ 2 lbs salmon
- ☐ 2-3 lbs boneless/skinless chicken
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

FRUITS & VEGGIES

- ☐ sweet potatoes x 6
- ☐ avocado x 3
- ☐ cilantro x 2
- ☐ spinach
- ☐ cucumber x 1
- ☐ red onion x 2
- ☐ white onion x 2
- ☐ bell peppers + mini peppers
- ☐ minced garlic
- ☐ pineapples x 1-2
- ☐ green onions

DAIRY & DELI

- ☐ parmesean cheese
- ☐ feta cheese
- ☐ shredded Mexican cheese x 4 cups
- ☐ blew cheese
- ☐ sour cream
- ☐
- ☐
- ☐
- ☐
- ☐

DRINKS & PANTRY

- ☐ canned black beans x 2
- ☐ canned artichoke hearts
- ☐ quinoa
- ☐ tzatziki sauce
- ☐ worcestershire sauce
- ☐ lime juice
- ☐ pineapple juice
- ☐ cumin + chili powder
- ☐ paprika + red pepper flakes
- ☐ cajun seasoning
- ☐ garlic powder

PANTRY

- ☐ roasted canned corn
- ☐ chicken broth
- ☐ canned diced olives x 2
- ☐ canned diced green chiles
- ☐ red enchilada sauce x 1
- ☐ white rice + spanish rice
- ☐ frank's red hot sauce
- ☐ ranch dressing
- ☐
- ☐
- ☐

BAKERY

- ☐ large tortillas
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐